

GOVERNMENT ARTS SCIENCE COLLEGE, TIRUPATHUR

MENTAL HEALTH AND SUICIDE PREVENTION

I herewith furnish the detailed report on existing initiatives for student mental health and suicide prevention awareness programme was conducted August 28, 2025 in our college.

a. Nature of the initiative:

- **Goal:** Integrate and coordinate suicide prevention activities among college students.
- **Method of Implementation:** By conducting awareness programme and awareness competitions.
- Mental health and suicide prevention awareness programme was conducted for our college student .
- The event was presided over by Dr. P. Kumaresan, Principal FAC of Government Arts Science College, Tirupattur on August 28, 2025.

- Mr. Karthick, the Kandhili Sub Inspector, served as the resource person and gave the awareness lecture on January 9, 2025.
- Dr. S. Uma, Assistant Professor and Head BCA, served as the resource person and gave the awareness lecture on August 28, 2025
- the event was organized by Dr. P. Pallavan, RRC Coordinator
- Around 250 students were participated on January 9, 2025 and 100 students were participated on August 28, 2025

b. **Launch year of the initiative:** The student mental health and suicide prevention awareness programme was firstly initiated in the year 2025.

c. **Funding source:** NIL

d. **Number of institutes covered so far:** 01

e. **Outcome evaluation being carried out:**

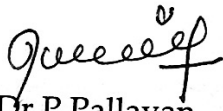
- It provides First Aid awareness training for students
- Make sure students with signs of mental illness get referred to treatment.
- Support individuals students high risk for mental illness

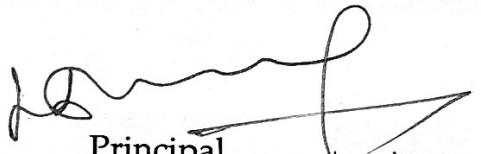
f. **Challenges faced in implementation:**

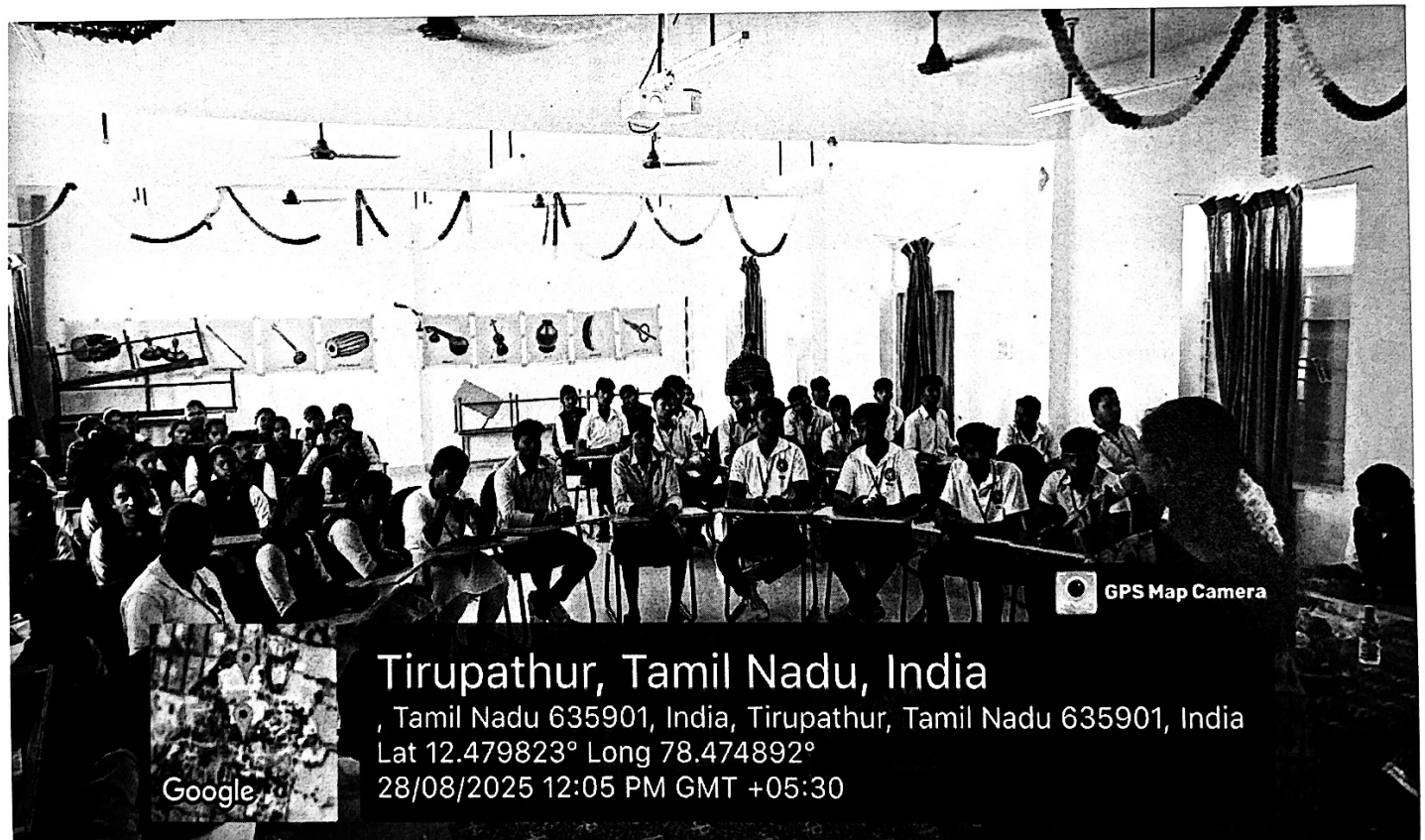
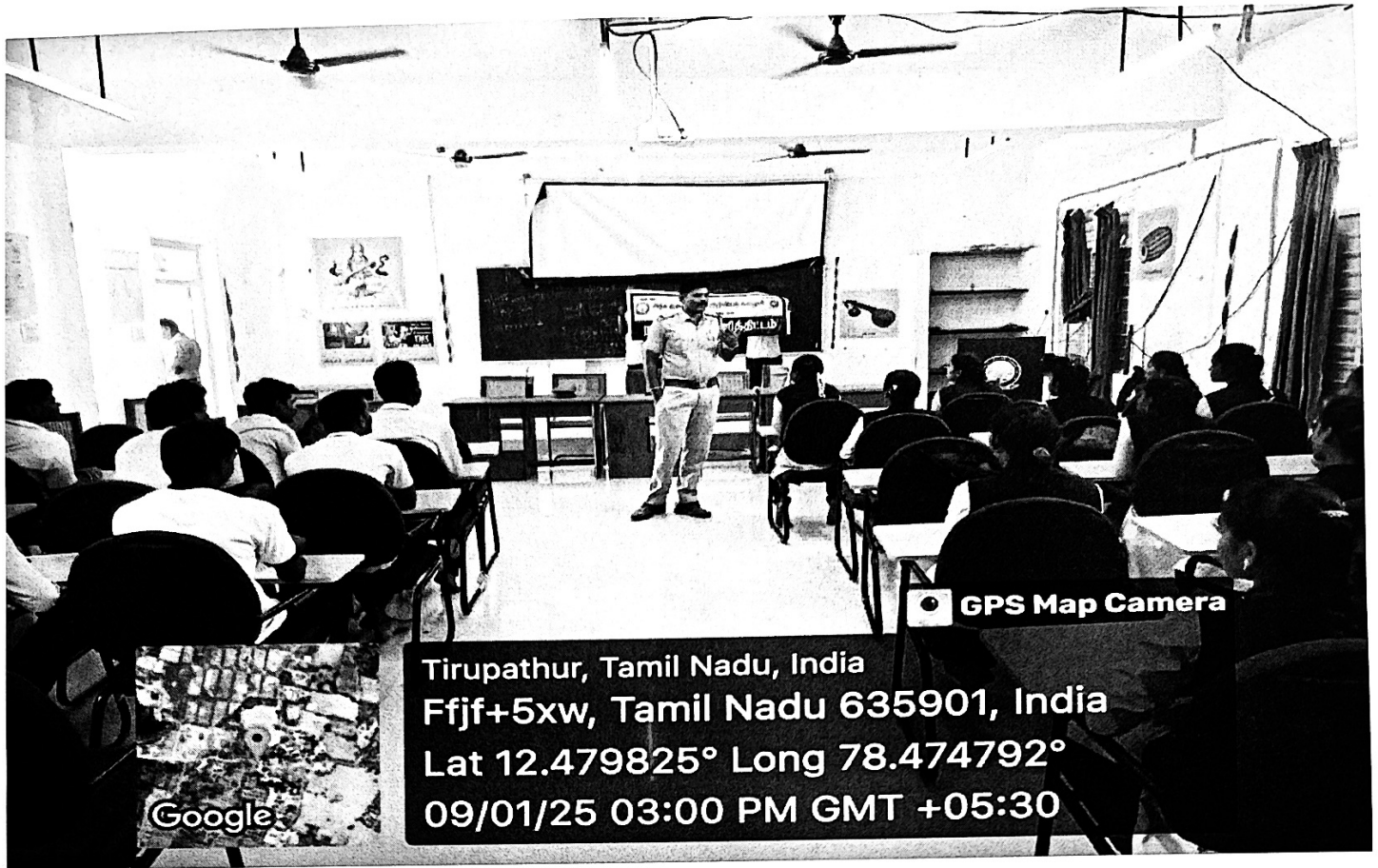
- The students are not ready to open their personal issues to give awareness and counseling.

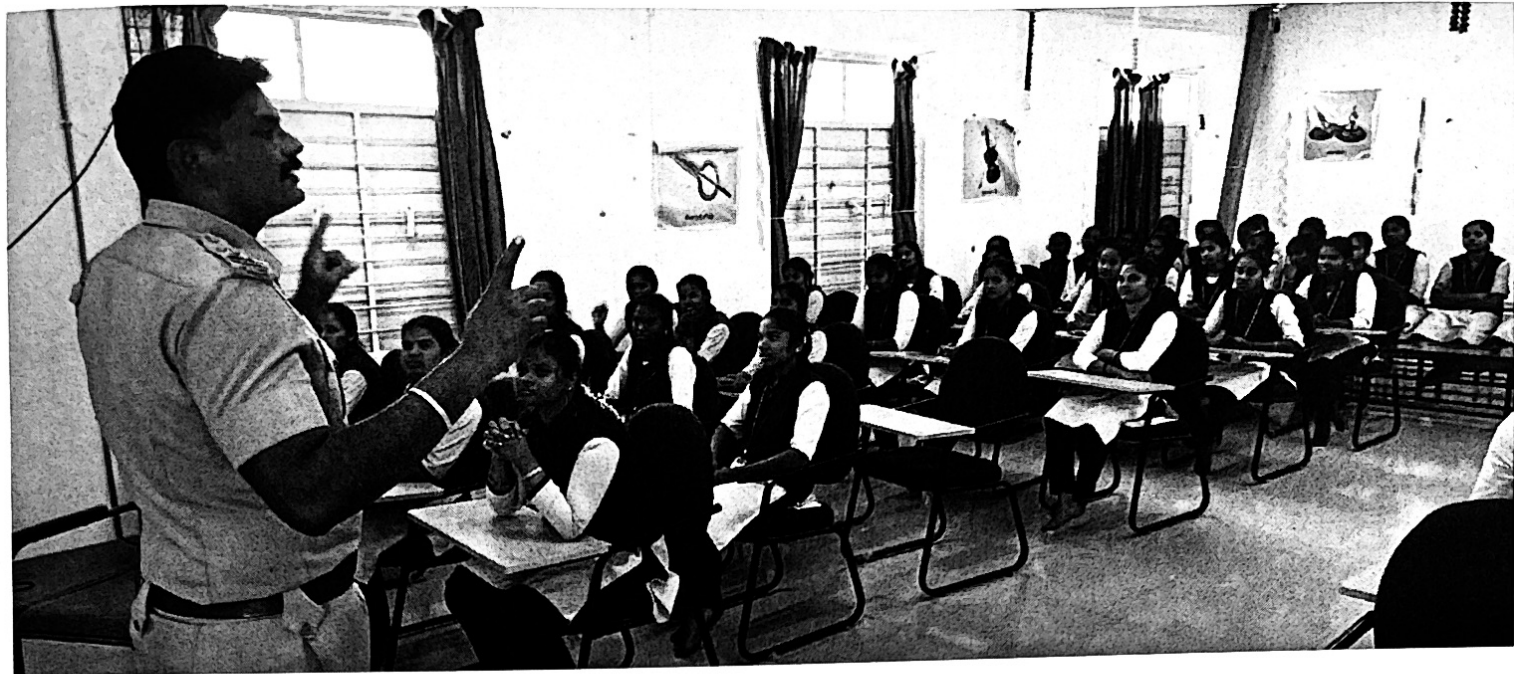
g. **Any suggestions:**

We may organize awareness programmes periodically and conduct events among students like essay completions, poster presentations, etc. Also we may follow systematic one to one counseling with students.


Dr.P.Pallavan
RRC Cordinator


Principal
PRINCIPAL 12/09/2025
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Government Arts and Science College, Tirupattur - 635 901.

Region name: Vellore

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S.No	Nature of the initiative (Goals/objectives method of implementation (not more than 10 bullet	Number of Colleges						Outcome Evaluation (Less than 250 words)	challenges faced in Implementation (less than 250 words)	Suggestion of Improvement	Specific actionable Suggestions for strengthening mechanisms for student mental health and suicide prevention (bullet points not more than 250-300 words)
		Govt Colleges		Govt Aided Colleges		Self Financing Colleges					
		Total no of colleges	No of colleges covered so far	Total no of Colleges	No of colleges covered so far	Total no of Colleges	No of colleges covered so far				
1			1					a. Outcome evaluation being carried out: <ul style="list-style-type: none">• It provides First Aid awareness training for students• Make sure students with signs of mental illness get referred to treatment.• Support individuals students high risk for mental illness	<ul style="list-style-type: none">• The students are not ready to open their personal issues to give awareness and counseling.	<p>We may organize awareness programmes periodically and conduct events among students like essay competitions, poster presentations, etc.</p> <p>Also we may follow systematic one to one counseling with students.</p>	<ul style="list-style-type: none">• Goal: Integrate and coordinate suicide prevention activities among college students.• Method of implementation: By conducting awareness programme and awareness competitions.• Mental health and suicide prevention awareness programme was conducted for our college student.• The event was presided over by Dr. P. Kumarasun, Principal FAC of Government Arts Science College, Tirupattur on August 28, 2025.• Mr. Karthick, the Kandhuli Sub Inspector, served as the resource person and gave the awareness lecture on January 9, 2025.• Dr. S. Uma, Assistant Professor and Head BCA, served as the resource person and gave the awareness lecture on August 28, 2025• the event was organized by Dr. P. Pallavan,RRC Coordinator• Around 250 students were participated on January 9, 2025 and 100 students were participated on August 28, 2025• Launch year of the initiative: The student mental health and suicide prevention awareness programme was firstly initiated in the year 2025.

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Dr. P. PALLAVAN,
RRC - CO-ORDINATOR,

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21/09/2025